

Lunch of The Day always includes:
\$3.50
Entree
Sides ~ Choice of Milk
Fresh Fruit or Fruit Juice

The Boar's Head® Deli Bar
Deli Bar Student Lunch
\$3.75 complete lunch w/ Sides & Choice of Milk

Winter Soups
Does soup come with your lunch?
You bet it does. Check the Board daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NEW!!</p> <p>Meatball Hero</p> <p>AVAILABLE DAILY Stop by the Salad Bar for Veggies!</p>	<p>3</p> <p>White Meat Breaded Chicken Tenders w/BBQ Dipping Sauce</p> <p>Baked Sweet Potato "Fries" Sweet Corn Chilled Sliced Pears</p>	<p>4</p> <p>French Bread Pizza with Meatballs or Plain</p> <p>Sauteed Zucchini w/Garlic</p> <p>Fresh Fruit</p>	<p>5</p> <p>BRUNCH FOR LUNCH Homemade Challah French Toast w/Orange Rounds Applegate Pork* Sausage</p> <p>Cinnamon Applesauce</p> <p><small>*all natural, nitrate-free pork product</small></p>	<p>6</p> <p>Chicken BLT White Meat Breaded Patty Applegate Bacon, Lettuce & Tomato on Deli Roll</p> <p>Baked Shoestring "Fries" Fresh Fruit</p>
<p>9</p> <p>Applegate Hot Dogs on Whole Wheat Bun w/Sauerkraut</p> <p>Sweet Corn</p> <p>Gf Chilled Pineapple Chunks when taken without bun</p>	<p>10</p> <p>Burger Bar Plain or Cheese Top w/Applegate Bacon Baked Shoestring "Fries"</p> <p>Chilled Sliced Pears</p> <p>Gf when taken without bun</p>	<p>11</p> <p>Oven Baked Breaded Chicken</p> <p>Herb-Roasted Potato Wedges Sweet Corn</p> <p>Fresh Fruit</p>	<p>12</p> <p>TACO BAR Seasoned Beef-Filled Corn Tortilla Shells Top with... Lettuce, Tomato Salsa, Cheese & Sour Cream</p> <p>Gf Chilled Pineapple Chunks when taken without Tortilla</p>	<p>13</p> <p>Homemade Baked Ziti</p> <p>Fresh Garlic Bread Caesar Salad</p> <p>Fresh Fruit in Season</p>
<p>16</p> <p>HOLIDAY NO SCHOOL</p>	<p>17</p> <p>Oven-Baked Macaroni & Cheese</p> <p>Whole Grain Dinner Roll Salad Bar Veggie Sides</p> <p>Fresh Fruit</p>	<p>18</p> <p>Rice Bowl Brown Rice Topped with Vegetarian Stir-Fry or Marinated Chicken in Asian Spices</p> <p>Gf Fresh Fruit</p>	<p>19</p> <p>White Meat Breaded Chicken Tenders w/BBQ Dipping Sauce</p> <p>Baked Sweet Potato "Fries" Sweet Corn Chilled Sliced Pears</p>	<p>20</p> <p>NACHOS Seasoned Beef Served Over Tortilla Chips Top with Brown Rice & Lettuce, Tomato Salsa, Cheese & Sour Cream</p> <p>Gf Chilled Pineapple Chunks when taken without tortilla</p>
<p>23</p> <p>Burger Bar Plain or Cheese Top w/Applegate Bacon Baked Shoestring "Fries"</p> <p>Chilled Sliced Pears</p> <p>Gf when taken without bun</p>	<p>24</p> <p>Chicken Souvlaki w/Pita</p> <p>Greek Salad Tzatziki Sauce</p> <p>Fresh Fruit</p> <p>Gf when taken without Pita</p>	<p>25</p> <p>Pasta Bar Whole Wheat Rotini w/ Meatballs or Marinara Freshly Toasted Garlic Bread</p> <p>Caesar Salad Fresh Fruit</p> <p>Gf when taken without bun</p>	<p>26</p> <p>BRUNCH FOR LUNCH Homemade Challah French Toast w/Orange Rounds Applegate Pork* Sausage</p> <p>Cinnamon Applesauce</p> <p><small>*all natural, nitrate-free pork product</small></p>	<p>27</p> <p>Pita Pizza Topped with Meatballs or Plain</p> <p>Caesar Salad</p> <p>Fresh Fruit</p>
<p>30</p> <p>White Meat Breaded Chicken Tenders w/BBQ Dipping Sauce</p> <p>Baked Sweet Potato "Fries" Salad Bar Veggie Sides Chilled Sliced Pears</p>	<p>31</p> <p>Applegate Hot Dogs on Whole Wheat Bun w/Sauerkraut</p> <p>Sweet Corn Cinnamon Applesauce</p> <p>Gf when taken without bun</p>	<p>A la Carte Beverages (priced accordingly)</p> <p>Izze Sparkling Juice \$1.75 Poland Spring Water Lg \$ 1.25 /Sm \$.75</p> <p>Honest Kid's® Organic Juice Pouches \$1.00</p> <p>Apple & Eve Apple Juice \$1.25</p>		

Alternative Entrees

Pepper Jack Quesadilla w/Chips & Salsa

Whole Grain Peanut Butter & Jelly on Whole Wheat

NEW!!

The Town Has A New Hero

Now Available Daily
Meatball Hero
with All the Sides

Gf

SALAD BAR

Take the Salad Bar Lunch or Grab some fresh veggies with your lunch!! (choice of dressings)

Vinaigrette - Ranch Caesar

New

INDIVIDUAL
SABRA HUMMUS BOWL W/PRETZEL CHIPS
Plain or Red Pepper
\$2.50-A la Carte
\$3.75-Full Lunch w/Sides/Milk-Juice



While The Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

ADULT LUNCH
Daily Lunch \$4.00+tax Deli Bar \$4.50+tax

ALL DRESSINGS ARE GLUTEN-FREE!!

Gf GLUTEN-FREE INGREDIENTS