

Lunch of The Day always includes:
\$3.50
 Entree
 Sides ~ Choice of Milk
 Fresh Fruit or Fruit Juice

The Boar's Head® Deli Bar
 Deli Bar Student Lunch
 \$3.75 complete lunch w/ Sides & Choice of Milk

Soup's On!
Check the Board!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>What are the three sisters?</p>	<p>1 BRUNCH FOR LUNCH Homemade Challah French Toast w/Orange Rounds Applegate Pork* Sausage Cinnamon Applesauce *all natural, nitrate-free pork product</p>	<p>2 Chicken Souvlaki w/Pita Greek Salad Tzatziki Sauce Fresh Fruit Gf when taken without Pita</p>	<p>3 Twin Tacos Seasoned Beef in Corn Tortilla Toppings Lettuce, Tomato Salsa, Cheese & Sour Cream Gf Chilled Pineapple Chunks when taken without shell</p>	<p>4 Homemade Baked Ziti Fresh Garlic Bread Caesar Salad Fresh Fruit in Season</p>
<p>7 Oven Baked Breaded Chicken Herb-Roasted Long Island Potato Sweet Corn Fresh Fruit</p>	<p>8 SUPERINTENDENT'S CONFERENCE DAY SCHOOL'S CLOSED</p>	<p>9 Chicken Parmigiana (Hero or Plate) Sautéed Broccoli with Garlic & Oil Fresh Fruit</p>	<p>10 Burger Bar Plain or Cheese Top w/Applegate Bacon Baked Shoestring "Fries" Chilled Sliced Pears Gf when taken without bun</p>	<p>11 HOLIDAY SCHOOL'S CLOSED</p>
<p>14 Chicken BLT White Meat Breaded Patty Applegate Bacon, Lettuce & Tomato on Deli Roll Baked Shoestring "Fries" Fresh Fruit</p>	<p>15 Applegate Hot Dogs on Whole Wheat Bun w/Sauerkraut Sweet Corn Apple-Cherry Crisp Gf when taken without bun</p>	<p>16 TURKEY DRESS REHEARSAL... Freshly Roasted Turkey Breast Platter or Open-Faced on Hero Pan Gravy Roasted Sweet Potatoes Corn on the Cob Fresh Fruit</p>	<p>17 Oven-Baked Chicken Chunks Smashed Long Island Potato Fresh Cole Slaw Fresh Melon</p>	<p>18 Rice Bowl Brown Rice Topped with Vegetarian Stir-Fry or Marinated Chicken in Asian Spices Fresh Fruit</p>
<p>21 Oven-Baked Macaroni & Cheese Sautéed Zucchini w/Garlic Fresh Fruit Gf when taken without tortilla</p>	<p>22 Chicken Souvlaki w/Pita Greek Salad Tzatziki Sauce Fresh Fruit Gf when taken without Pita</p>	<p>23 HOLIDAY SCHOOL'S CLOSED</p>	<p>24 HOLIDAY SCHOOL'S CLOSED</p>	<p>25 HOLIDAY SCHOOL'S CLOSED</p>
<p>28 White Meat Breaded Chicken Tenders Oven-Baked Potato Puffs Sweet Corn Chilled Sliced Pears</p>	<p>29 Pasta Bar Rotini w/Meatballs or Marinara Freshly Toasted Garlic Bread Caesar Salad</p>	<p>30 Burger Bar Plain or Cheese Top w/Applegate Bacon Baked Shoestring "Fries" Fresh Fruit</p>	<p>A la Carte Beverages (priced accordingly) Izze Sparkling Juice \$1.75 Poland Spring Water Lg \$ 1.25 /Sm \$.75 Honest Kid's® Organic Juice Pouches \$1.00 Apple & Eve Apple Juice \$1.25</p>	

Alternative Entrees

NEW!! Pepper Jack Quesadilla w/Chips & Salsa


Whole Grain Peanut Butter & Jelly on Whole Wheat

Tuna Hero
 Choose Your Toppings!

Gf SALAD BAR
 Take the Salad Bar Lunch or Grab some fresh veggies with your lunch!! (choice of dressings)
Vinaigrette - Ranch Caesar

New

INDIVIDUAL **SABRA HUMMUS BOWL W/PRETZEL CHIPS**
 Plain or Red Pepper
 \$2.50-A la Carte
 \$3.75-Full Lunch w/Sides/Milk-Juice



While The Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

ADULT LUNCH
 Daily Lunch \$4.00+tax Deli Bar \$4.50+tax

ALL DRESSINGS ARE GLUTEN-FREE!!

Gf GLUTEN-FREE INGREDIENTS