



WHAT'S THE WRAP

MON  
TURKEY

TUES  
TUNA

WEDS  
TURKEY

THURS  
TUNA

FRI  
FRESH BREADED  
CHICKEN CUTLET



ELEMENTARY SCHOOL MENU

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

New York State Fruit & Vegetable Harvest for October  
Early: Peaches & Pears Later: Gourds (Pumpkin & Squash) & Apples All Month!



**PARENTS!!!** Please remind your children that if they are BUYING THE HOT ENTREE OF THE DAY, **they may only visit the salad bar for veggies/fruit.** If they would like the tuna, chicken, etc., they should order **SALAD BAR LUNCH** AS THEIR ENTREE.

Table with 5 columns (Monday-Friday) and 5 rows of menu items. Includes items like 'Whole Wheat Penne w/ Meatball Pomodoro', 'Burger Bar', 'Pizza Bagel', 'Taco Bar', 'Chicken & Broccoli', etc. Includes allergen icons (GF, w/out Bun, w/out Shell).

Alternative Entrees

Whole Grain Peanut Butter & Jelly Sandwich



Daily Wrap (see above menu)



SALAD BAR

A Complete Lunch Veggies, Protein, Fruit & Grain (or a place to visit for veggie & fruit sides)

Vinaigrette - Ranch Caesar Dressings

GF GLUTEN INGREDIENT-FREE

A la Carte (priced accordingly)

Honest Kid's® Organic Appley Ever After Juice Pouch \$1.00

Poland Spring Water Lg \$1.25/Sm \$.75

Stonyfield Farms® 4 oz Organic Yogurt \$.85

Lunch of The Day includes:

Entree Sides 1% or Skim Milk Fresh Fruit or 100% Fruit Juice \$3.00

QUESTIONS? CALL THE FOODSERVICE OFFICE AT 277-7090 CONTACT YOUR PSA/PSO TO LEARN ABOUT YOUR SCHOOL'S NUTRITION COMMITTEE

ALL SANDWICH MEATS ARE BOAR'S HEAD BRAND®

While The Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

SERVING TOMATO PRODUCTS (PIZZA SAUCE, KETCHUP & SALSA) THAT ARE HFCS FREE (NO HIGH FRUCTOSE CORN SYRUP!)

