



ELEMENTARY SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome Back!!

Salad Bar begins the week of Sept 19th!!



PARENTS!!! Please remind your children that if they are BUYING THE HOT ENTREE OF THE DAY, they may only visit the salad bar for veggies/fruit. If they would like the tuna, chicken, etc., they should order SALAD BAR LUNCH AS THEIR ENTREE.

5 Labor Day Holiday No School  No Salad Bar This Week - Tuna Wrap Available Daily	6 Half Day No lunch Served	7 Half Day No lunch Served	8 French Bread Pizza  Market Fresh Veggies  Fresh Apple	9 TACO BAR Seasoned Beef Taco Lettuce, Cheese, Salsa, Sour Cream Toppings Hard or Soft Shell Black Bean & Corn/Salsa Orange Rounds <b>GF</b> w/out Shell
12 All White Meat Breaded Chicken Chunks Oil & Garlic Tossed Penne  Caesar Salad  Cinnamon Applesauce  No Salad Bar This Week -Daily Wraps available each day	13 <b>GF</b> w/out Bun BURGER BAR 100% Beef Burger or Cheeseburger Lettuce/Onion/Tomato  Baked Sweet Potato Fries Pineapple Chunks in Juice	14 Freshly Breaded Chicken Cutlet Parmigiana Strips  Whole Wheat Penne Marinara Salad Bar Veggie Sides Fresh Fruit Assortment	15 Homemade Macaroni & Cheese With Wisconsin Cheddar  Sauteed Broccoli w/Garlic  Fresh Grapes	16 Chicken Burrito Southwestern-Style Chicken Strips Flour Tortilla Brown Rice/Black Beans Salsa & Tortilla Chips  Fresh Melon
19 Applegate Hotdog Whole Wheat Bun  Mini Corn Cobs Salad Bar Veggie Sides  Raisin Box <b>GF</b> w/out Bun	20 Pita Pizza with Meatballs or Plain  Salad Bar Veggie Sides  Fresh Plum	21 BRUNCH FOR LUNCH Homemade Challah French Toast w/Orange Rounds Applegate Farms® Chicken-Apple Sausage  Salad Bar Veggie Sides Fresh Melon	22 Macaroni & Cheese Barilla Plus Pasta & Wisconsin Cheddar  Caesar Salad at the Salad Bar Chilled Pineapple Chunks	23 Chicken Parmigiana (White Meat Breaded Patty) Hero or Plate Served with Whole Wheat Penne Marinara  Salad Bar Veggie Sides Fresh Grapes
26 Whole Wheat Grilled Cheese With Ham or Plain  Salad Bar Veggie Sides  Cinnamon Applesauce	27 TACO BAR Seasoned Beef Taco Lettuce, Cheese, Salsa, Sour Cream Toppings Hard or Soft Shell Black Bean & Corn/Salsa  Petite Banana <b>GF</b> w/out Shell	28 French Bread Pizza  Salad Bar Veggie Sides  Pineapple Chunks in Fruit Juice	29    No School	30    No School

Alternative Entrees

Whole Grain Peanut Butter & Jelly Sandwich



Daily Wrap (see above menu)



SALAD BAR

A Complete Lunch Veggies, Protein, Fruit & Grain (or a place to visit for veggie & fruit sides)

Vinaigrette - Ranch Caesar Dressings

GF GLUTEN INGREDIENT-FREE

A la Carte Beverages (priced accordingly)

Horizon Organic 2% White Milk \$1.25

Honest Kid's® Organic Appley Ever After Juice Pouch \$1.00

Poland Spring Water Lg \$1.25/Sm \$.75

Lunch of The Day includes:

Entree Sides 1% or Skim Milk Fresh Fruit or 100% Fruit Juice \$3.00

ALL SANDWICH MEATS ARE BOAR'S HEAD BRAND®

While The Food Service Department makes every effort to disclose to parents known allergens and ingredients that may be harmful to some children, the nature of the National School Lunch Program and our reliance on certain USDA provisions can sometimes render this effort ineffective by the presence of undisclosed or misnamed ingredients.

QUESTIONS? CALL THE FOODSERVICE OFFICE AT 277-7090 CONTACT YOUR PSA/PSO TO LEARN ABOUT YOUR SCHOOL'S NUTRITION COMMITTEE



Fresh water is available to all students during lunch.

SERVING TOMATO PRODUCTS (PIZZA SAUCE, KETCHUP & SALSA) THAT ARE HFCS FREE (NO HIGH FRUCTOSE CORN SYRUP!)