

North Shore Schools Food Service Committee Meeting Minutes

Date: 10-7-04

Time: 10:00-11:30am

Location: NSHS Alumni Room

Present: Olivia Buatsi, Robyn Cartagine, Catherine Convey, Nancy Caporale, Emily Dalto, Filanthe Efstathiadis, Gina LaSorsa, Catherine Lau, Marge McCarrick, Paula Michaud, Vivian Parisi

Chairperson: Marge McCarrick

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<u>Topic/Agenda</u>	<u>Discussion</u>	<u>Action</u>
1.) Review minutes of 5/27/04	Accepted.	
2.) Chairperson's Report- M. McCarrick	Zartit chicken nuggets are not available, so Tysen will be used again this year. They have been reformulated. Roasted chicken pieces baked at the school will be served in Oct. Snacks were simplified at the MS. The Pop Tarts, Chipwich, brownies, cupcakes, black & white cookies, and Friendly sundaes were removed for not meeting calorie or fat standards. MS is offering wrap sandwiches every day this year. Baked potatoes will be offered at the HS and MS every day and sometimes at the elementary schools. A new snack will be offered on the salad plate. Bananas will be added to the menu. Italian dunkers will be served more frequently. Propel is coming to the HS. Small water bottles will be Poland Spring. Soy Chips, Nutrigrain bar, and Pita puffs were added in the HS. The November menu will serve hot dogs (turkey) for the first time in years. The State Education Department 5 year review called "School meals Initiative" was done at the end of the last school year. NS passed all standards. Reviewers recommended that NS lower the Na content of the food. The computer company, Horizon, and Powerschool are working together to see if parents might be able to access their students' accounts to see what they are buying.	Will continue to look for a better chicken nugget. Monitor to the sales of baked potatoes, wraps and new snacks. Etc.
3.) Lunch monitors	Not sure if the Guidelines for Lunch Monitors developed by the Committee were adopted by all elementary schools. Does the MS need guidelines?	P. Michaud to follow up.
4.) Meeting dates, member list	Committee will alternate the first Thursday and Friday of the month: Nov. 5, Dec. 2, Jan 7, Feb., 3, March 4, April 7, and May 6. The first meeting of the Snack Review Subcommittee will be emailed after M. McCarrick looks at her schedule. Member list updated. Parents representing all schools attended.	Please mark calendars. Next meeting is Nov. 5th, 2004. P. Michaud to email meeting dates.
5.) Food Service Survey Subcommittee	C. Convey has the tally sheets ready to go. Surveys distributed to parents to fill out the tally sheets and qualitative data. Cartigine, Parisi, Efstathiadis, LaSorsa, Aranoff, Lau, Dalto, Michaud.	Data entry to be finished for Nov. 5 th meeting.

