

NUTRITION COMMITTEE MINUTES OF JUNE 12, 2007, 10:00 a.m.

Members present- Marge McCarrick; Catherine Lau

Beginning in September, 2007, only baked french fries will be served at the middle school. For the time being, regular french fries will still be served at the high school, but on a limited basis.

A price increase proposal will soon be submitted to the school board for review.

Students Melissa Kulikowsky and Alex Greco, who attended our April meeting and posed questions to us pertaining to a classroom project, has submitted a final copy to Marge McCarrick. The project was entitled, "School Lunches: What Are You Really Eating?". Their joint project received a grade of 97. Great work! By the way, they also expressed their satisfaction with the quality and variety of foods offered in the school's lunch program. (Hear, hear!)

More upcoming changes:

-Wholegrain breading will be on our chicken nuggets entree; they passed taste tests with flying colors. Pizza crust, and also some of the baked cookies offered, will also be made with wholegrain dough.

-Instant Cup-A-Soups will be eliminated due to their high sodium content. Pop Tarts (nutritionally poor) and Canada Pure beverages (which contain Sucralose) will also be eliminated.

The first Nutrition Committee meeting of the new school year will be on Thursday, September 20th, at 10 a.m. in the high school alumni room.

(Please pencil this in on your date books, and pass it on to interested friends!)

Marge McCarrick will make an effort to rotate the day of the week for each scheduled meeting, so as to accommodate committee members with work schedules fixed on specific weekdays on a regular basis.

Thanks again to all of you who contributed to our progress this school year, and we hope that you can join us during the 2007-2008 school year to support the district's food service program.

Catherine Lau, for Marge McCarrick