

**NSSD NUTRITION COMMITTEE MEETING of TUESDAY, 3-20-07, 10 A.M.**

Members present: Marge McCarrick; Catherine Lau; Robyn Cartigine; Elizabeth Guercin w/ Middle School students Kathryn Smith, Robert Lerch, Jessica Donohue.

Italian Dunkers were re-introduced on last month's menu at the middle school, and were "a runaway hit"; the item is also being added to the high school's menu.

One of the changes for next year: a much healthier, tastier version of Tyson brand chicken nuggets, made with wholegrain breading. This newer version is more solid in texture (less spongy), and has 8 grams (vs. 14 g.) fat, 17 g. (vs. 14 g.) protein, 25 g. (vs. 40 g.) cholesterol, and 3 g. (vs. 1 g.) fiber per 5-piece serving.

The issue was raised regarding the problem of helping to move the large volume of students through the lunch lines at the middle school in the limited time given. Marge McCarrick suggested splitting the schedule into two lunch periods per grade (rather than one, at present).

Wadda Juice sales have waned at the middle school, but the item will be kept on as a choice along with Snapple varieties. Organic milk is selling well at all schools.

The Fruit Squeezie apple sauce in tubes have proven to be very popular in the elementary schools.

Oatmeal-raisin cookies aren't selling well; MM is looking for a nutritious alternative.

On the May menus, nutritional data will be printed on the reverse side for several regularly-offered menu items, such as chicken nuggets.

Special lids which were ordered for the recycle bins (in order to reduce input of trash) have arrived. A cafeteria custodian who was nearby during the meeting said that the situation has been much better with the new lids.

**NEXT COMMITTEE MEETING: FRIDAY, APRIL 20TH @10 A.M. IN THE H.S. CAFETERIA . PLEASE NOTE IT ON YOUR CALENDARS! THANK YOU!**

C. Lau